黄子旦港

25分少多玩景



01起床

Good morning.

早上好

Time to wake up!

醒醒!

Get up!

该起床了!

Wake up, you sleepyhead.

起床了,你这个贪睡鬼。

Rise and shine.

太阳都晒屁股了。

Want to sleep more?

还想睡吗?

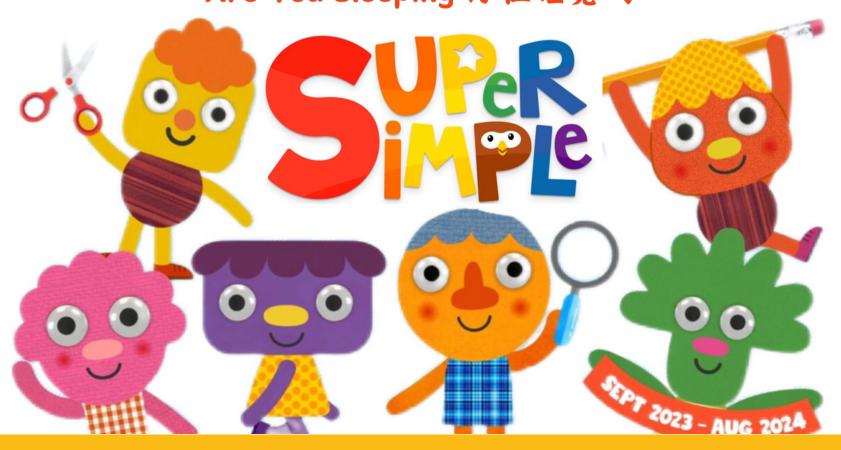
Just five more minutes.

只能再睡5分钟。

I'll count to three. Come on!

我数到三,快点起床!

儿歌:Good morning Mr rooster 早上好,公鸡先生 Are You Sleeping 你在睡觉吗



02 洗漱

Time to wash your face. 起床洗脸了哦。

Turn on the water.

打开水龙头。

Wash your neck, too.

脖子也要洗哦。

Want Mom to help you?

需要妈妈帮你吗?

Are you done?

都洗好了吗?

Get a clean towel.

那一条干净的毛巾。

Watch out for the slippery floor.

厕所的地板很滑, 要小心哦。

儿歌:Wash your hands 洗手歌 This Is The Way 这就是方式



03 刷牙

Time to brush your teeth. 该刷牙了。

Brush up and down. 刷牙要上下刷。

Don't f<mark>orget to brush</mark> deep inside.
不要忘记也要刷里面哦。

Clean your teeth and gums thoroughly. 牙和牙床都要彻底刷干净。

Don't forget to brush your tongue.

不要忘记刷舌头。

Gargle and spit.

漱口,然后吐掉。

儿歌:Brush your teeth 刷牙歌



04 吃饭

It's time for breakfast.

该吃早餐了。

come and eat your breakfast.

来吃早餐吧。

Sit at the table.

从餐桌旁。

Let's have breakfast.

吃早餐吧。

How is it? Isn't it good?

味道如何? 好吃吗?

Why aren't you eating?

你为什么不吃?

Eating breakfast makes you strong.

吃早餐,会让你更健康。

Just take one more bite.

再多吃一口。

Let's drink some water.

喝点水

儿歌: Are you hungry? 你饿吗?

The Bananas Song 香蕉歌



05上厕所

I have to pee.
我要去尿尿。
I have to poop.
我要去便便。
I'm about to poop.
我快要大出来了。
Take off your pants first.
先把你的裤子脱下来。
Don't forget to flush.
不要忘记冲水。
Can you pee by yourself?
你可以自己尿尿吗?
Wash your hands after you poop.
便便后,要洗手

儿歌: sitting on the potty 坐在便盆上

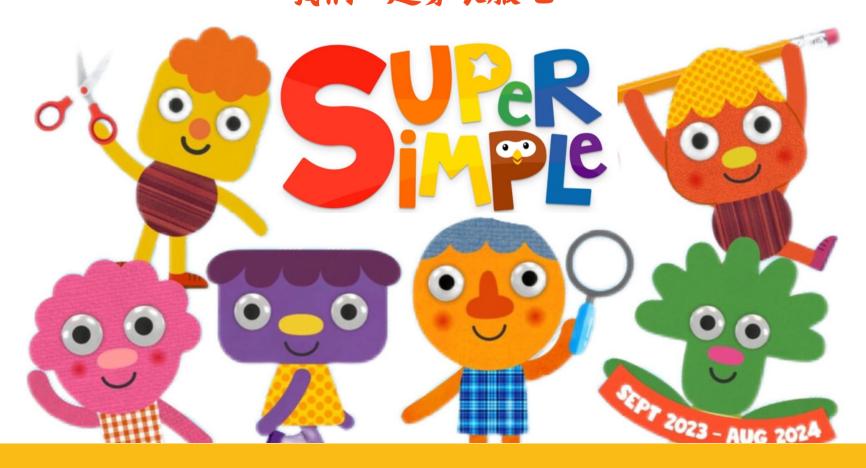


06 穿衣服

Let's get changed. 让我们来换衣服吧。 Can you get dressed by yourself? 你可以自己穿衣服吗? Do you want Mom to help you? 你需要妈妈帮忙吗? Fold your sleeves. 把袖子摺起来。 Put on your hat. 戴上帽子。

Your socks don't match.
你的袜子不是同一双。
Where is your other sock?
你的另一只裤子在哪?
Let's zip up your pants
拉上裤子的拉链。
Let's button your shirt.
扣好你的衬衫钮扣。

儿歌:This is the way we get dressed 我们一起穿衣服吧



07 穿鞋子

Put on your shoes.

穿上你的鞋子。

Change your shoes to sneakers.

换上运动鞋。

Your sh<mark>oes are on the</mark> wrong feet.

你的鞋子穿错脚了。

Switch shoes.

交换穿一下。

Don't step on the back of your shoes.

不要踩到鞋后跟。

You need your sneakers if you want to run.

如果你要跑步的话, 你需要穿运动鞋。

儿歌 Put On Your Shoes 穿上你的鞋子



08 晴天

What is the weather like today? / How's the weather today?

今天的天气如何?

It's a bright, sunny day.

今天是个大晴天。

It's beautiful. 天气很好。

It's going to be fine.

天气会变晴。

It's getting warmer and warmer.

天气会越来越暖和。

Put sunscreen on because the sun is hot.

太阳很大,要擦防晒霜。

Your face will get sunburned if you don't put it on.

如果你不擦的话,你的脸会被晒伤。

Cover yourself from the sun with a sun cap.

戴上遮阳帽来遮太阳。

Try to walk on the shady side,

尽可能走有阴影的地方。

Walk with me under my parasol.

跟我一起撑阳伞走吧。

儿歌: How's The Weather 天气怎么样

Mr. Sun, Sun, Mr. Golden Sun 太阳先生



09 下雨天

It's raining. 下雨了。 It's starting to rain. 开始下雨了。

It's drizzling. 下毛毛雨了。

There is a heavy rain shower outside.

外面正下着大雨。

It's p<mark>ouring rain.</mark>

雨倾盆而下。

The rain has stopped. 雨停了。

It's been raining since yesterday.

从昨天开始就一直下雨。

It's been raining off and on all day.

一整天雨都在下下停停。

It's been raining the whole day today.

今天已经下了整天的雨。

It's not going to rain that much.

雨应该不会下那么大。

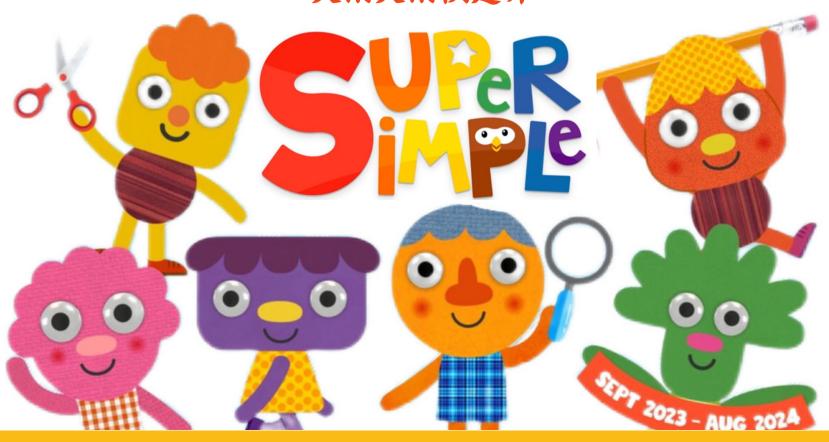
There are thunder and lightning.

又打雷又闪电的。

It's raining cats and dogs. 下倾盆大雨了

儿歌: Rain Rain Go Away

大雨大雨快走开



10 下雪天

It's snowing outside. 外面下雪了。

Wow, the first snow of the year. 哇,这是今年的初雪! It's snowing a lot. 下好多雪。

There's a lot of snow on the ground. 地上积了很多雪。

The world is covered in snow. 世界被雪覆盖住了。

The world is all white. 世界都变成白色的了。

It's sleeting. 雨雪夹杂地下。

I wonder if a snowstorm is coming. 我想暴风雪要来了。
The road is frozen. 路上都结冰了。

We can't even move because of all the snow.

因为这些雪,我们动弹不得。

Let's have a snow fight, Dad. 爸爸,我们来打雪仗吧。

I want to go sledding. 我想要滑雪橇。

I want to make a snowman. 我要堆雪人。

Let's go ice-skating. 我们去溜冰吧。

I don't want the snow to melt. 我希望雪不会融化。

Be careful not to slip. 小心不要滑倒。

Let's get the snow off the car.

我们把积在车上的雪清掉吧。

儿歌: Little Snowflake

小雪花



11 去散步

Take a bus today. 今天搭公车吧。
Let's take a taxi! 我们搭计程车啦。
Will you walk to the library today?
今天你要走路去图书馆吗?
How long does it take by walking?
走路的话,要花多久时间?
Abount 20 minutes. 20 分钟左右.

I'm going to walk today. 今天我走路去。
It's too far to walk. 走路的话,太远了。
Hold my hand and walk. 握着我的手走。

Don't goof around on the street. 不可以在街上胡闹。 We're late. Let's walk faster. 我们晚了,走快点。 I'm breathless. 我很喘。

We walked too much.Let's rest for a little.

我们走太多了, 休息一下吧。

My legs hurt. 我腿很痛。

Let's walk our dog, too. 我们也遛狗吧。

We can be healthy if we walk. 如果我们走路,会更健康。 It seems like we came pretty far. 我们好像走到相当远

> 儿歌:Walking Walking 走路 The Ants Go Marching蚂蚁行军



12 过马路

Watch out for cars.

要小心车。

Don't walk on the road.

不要走到车道。

Always cross at crosswalks.

穿越马路一定要走在斑马线上。

Be careful when you cross the street.

你过马路时, 要小心。

Look sideways while you are walking.

走路时,要注意看旁边。

Watch for the traffic lights.

要看红绿灯。

Make sure you walk when the light is green.

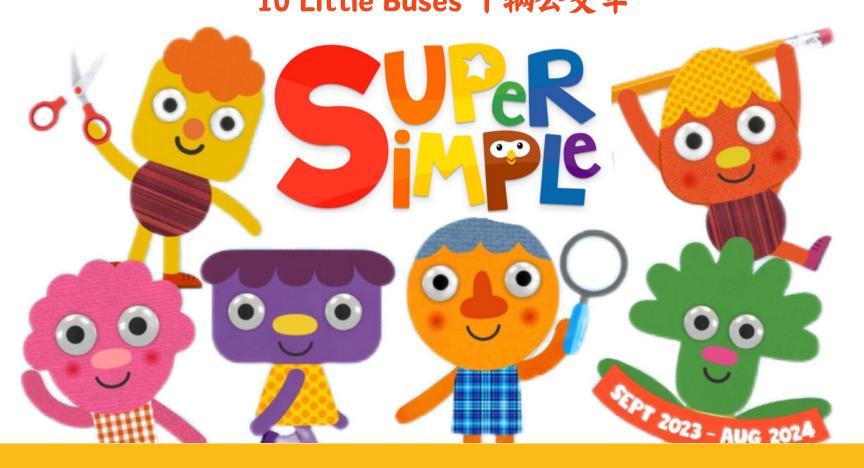
确定是绿灯时,你才能走。Let's cross on the overpass. 我们过夭桥吧。

Mom, that car's running the red light. 妈,那辆车闯红灯。

The police will arrest the driver since he didn't follow the rules.

因为他没有遵守规则,警察会逮捕他。

儿歌: Red Light, Green Light 红灯 绿灯The Wheels On The Bus 公交车的轮子10 Little Buses 十辆公交车



13 游乐场

I want to slide down the slide. 我想从那座溜滑梯溜下来
Let me hold you, Sweetie. 甜心,让我抓住你.
I want to go to the playground. 我想去游乐场.

Mom, I want to play on the playground 妈妈,我想去游乐场玩.
Okay!Then let^s go out together. 好!那我们一起去吧.
Today is too cold to go out. 今天出门太冷了.
Shouldn't you do your homework first? 你不是应该先做功课吗?
My friends are playing there. 我的朋友们在哪里玩.
Let's go down the slide. 我们去玩溜滑梯吧.
I want to slide down the slide. 我想去溜滑梯.
Can you hold me, Mom? 妈妈,你能抓住我吗?
I can slide down by myself. 我可以自己玩溜滑梯.
You should not walk up the slide. 你不可以从溜的一面上去.
Don't climb up too high. 不要爬的太高.
Let's get on the seesaw. 我们去坐翘翘板吧.

儿歌: Walking In The Jungle 在丛林里行走Take Me Out To The Ball Game带我去看球赛



14 礼貌

Hello, 你好! Hello! 哈啰!

Good morning! / Good afternoon! / Good evening! 早安! /午安! /晚安!

How are you? 你好吗?

How's everything going? 一切顺利吗?
Nice to meet you, Jina. 吉娜,很高兴认识你。
Long time no see! 好久不见!
Good to see you again. 很高兴再次见到你。
Nice to see you. 很高兴见到你。
How do you do? 你好吗?
I've heard a lot about you.
我听说了很多有关你的事情。

Fancy meeting you here. 很高兴在这里见到你。

I didn't expect I would see you here. 我没想到会在这里遇到你。

> 儿歌:Hello Hello你好 Bye Bye Goodbye再见



15 玩耍

Let's go to the amusement park. 我们进游乐园吧。
Let's buy tickets for all of the rides.
我们去买自由使用所有游乐设施的票。
I'll get the tickets. Wait here. 我去拿票。在这里等。

Wait in line. 排队等。

Want to ride this? 要搭这个吗?
I want to ride this, Mom. 妈,我想要搭这个。
That looks too scary. 那看起来太可怕了。
You're too short to ride this. 你太矮了,不能搭这个。
Let's go and watch the parade. 我们去参观游行。
The line's too long.Shall we ride something else?

队伍太长了。我们去搭其他的好吗?

I want to ride the merry-go-round. 我想要做旋转木马。

Let's ride the Ferris wheel. 我们做摩天轮吧。

I'm going to ride the roller coaster. 我要去做云霄飞车。
I like the Viking Ride the most. / The Viking Ride is the most fun.
海盗船最有趣了。

I'm dizzy. I think I'm going to throw up. 我头晕了。我想我要吐了。
Let's rest in the shade. 我们在阴影下休息吧。
I want to ride it again. 我还想要搭。
Can I ride it again? 我还可以再搭吗?

儿歌:If You're Happy如果你感到开心 Can You Make A Happy Face你可以做一个开心的表情吗



16 游戏

Let's play with clay. 我们来玩黏土吧。 Get out the colored clay. 拿出彩色黏土。

Rub it for a while so it will mix well. 搓揉一段时间,以便让它混合得更好。

Which shape do you want to make? / What do you want to make? 你想做什么模样呢?

I am going to make a person. 我要做个人。 The legs keep coming off / bending. 脚一直掉下来/弯掉。

Press it firmly with your hands.用双手紧紧按下去。

It's go<mark>od to use a carving kni</mark>fe for this. 这时候雕刻刀是很好用的。

The clay l<mark>ump</mark> is too big. 这一块黏土太大了。

Let's make it into a round shape.

我们来把它捏成圆形。

Put a lump between your palms and roll it.

放一块在手掌,然后揉搓它。

Try stretching it out. 试着把它捏开。

Let's spread it with a roller. 用滚筒把它压开。

Make the eyes, nose and mouth, and attach them on the face.

做好眼睛、鼻子、嘴巴后,把它们贴在 脸上。

儿歌:Head Shoulders Knees Toes 头肩膀 膝盖 脚趾



17 整理房间

Let's wipe the floor. 我们来擦地板吧。

We're going to wipe the room with a rag.

我们要用抹布擦房间。

Can you help me clean the room?

你能帮我打扫房间吗?

Can you get me the rag?

你能帮我拿抹布吗?

The toys on the floor are a mess.

地板上的玩具很凌乱。

Can you clean up by yourself?

你能自己整理吗?

You should put the books on the shelves.

你应该把书放在书架上。

Put it in the toy box.

把那个放在玩具箱内。

Please clean up your room.

请把房间清干净。

Please clean off your desk.

请把书桌清干净。

儿歌: Clean Up Song



18 画画

Look at this dinosaur I drew. 看看我画得这只恐龙

Wow, it looks so real!

哇, 它看起来好逼真!

Mom, can you draw a car for me?

妈, 你能画台车给我吗?

You can draw it by yourself. 你可以自己画。

Try drawing the wheels by yourself. 试着自己画画车轮。

I'll draw the car. Will you color it?

我会画车, 你要上色吗?

I'm not that good. 我不太会。

I'm not good at drawing. 我不太会画画。

Look, Mom! Here's my circle.

妈妈,看!我画的圈圈。

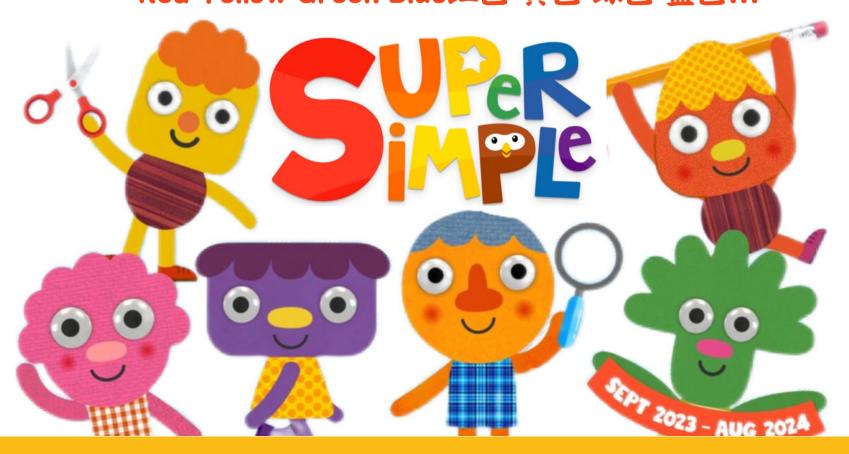
Look what I drew. / Look at my picture.

看我画了什么。

I drew this. 我画了这个。

Isn't this cool? 这不是很酷吗?

儿歌:what is your favorite color你最喜欢的颜色是什么 Red Yellow Green Blue红色 黄色 绿色 蓝色...



19 星期

From Monday to Friday are the weekdays.
从星期一到星期五是周间。

We call Saturday and Sunday the weekend. 我们把星期六和星期日叫做周末。

What day is it today?

今天是星期几?
Today is Thursday.

今天是星期四。

Yesterday was Wednesday.

昨天是星期三。

Tomorrow will be Friday. 明天是星期五。

What day comes after Monday? 星期一之后是星期几?

> It's Tuesday. 是星期二。

I like Friday the most because I can rest the next day. 我最喜欢星期五,因为隔天我可以休息。

Monday is the busiest day. 星期一是最忙的一天。

儿歌: Days Of The Week Song 星期歌



20 月份

The calendar shows the date.

日历显示日期。

There are 12 months in a year. 一年有 12 个月。

A month has 30 or 31 days. 一个月有 30 天或 31 天。

Today is the sixth of August. 今天是8月6日。

Then what was the date yesterday? 那么,昨天是几号?

It was August fifth. 8 月 5 日。

Then what will be the date tomorrow?

那么, 明天是几号?

It will be August seventh. 8 月 7 号。

What date will it be five days from today? 五天后是几号?

What did you do the day before yesterday? 前天你做了什么?

We have dinner plans the day after tomorrow. 后天我们有晚餐的计划。

There are two types of calendars: the lunar

calendar and the western calendar.

日历有两种形态:阴历以及西历(即阳 历)

February 7 is your birthday on the western calendar.

2月7日是你的阳历生日。

儿歌: The Months Chant

月份歌



21 积水游戏

Let's play with the blocks. 我们来玩积木吧。 Get the blocks out. 把积木拿出来吧。

Wow, all different shapes and colors! 哇,模样和颜色都不一样!
Mom, I need a blue piece. 妈,我需要一块蓝色的。

Get the blue blocks together. 把蓝色积木放在一起。

Can you get me a square piece? 你能给我一块正方形的吗?

What do you want to make with the blocks? 你想要用积木做什么?

Want to make a train? 想要做台火车吗?

This won't go in. These won't fit together. 这个放不进去。这些不合。
Try to match them well. They lock together. 试着对起来看看,让它们彼此吻合。
Put the blue block on top of the yellow one. 把蓝色积木放在黄色积木上面。

How many blocks can we stack? 我们可以叠几个积木?
Want to see who can stack them higher? 我们来看看谁叠得高吧?
You built a house! How nice! 你盖了一栋房子! 好棒喔!
Let's place them in one long line.

把积木排成一条长线吧。

儿歌: The Shape Song 形状歌 Make A Circle 圈一个圈



22 躲猫猫

Peek- a- boo! (藏起来突然出现时)出现了!
Honey, where's Mommy? 宝贝,妈妈在哪里?
There you are, Mommy! 你在这里啊,妈!
I got you, Mommy! 我抓到你了,妈妈!
You can't see me, can you? 你看不到我,对吧?
Where's my little baby? 我的小宝贝在哪里呢?
I can hear you. 我听到你的声音了。
I can't see my baby. 我看不到我的宝贝。
Where did he/ she go? 他\她去哪里了?
Should I open the door? 我要打开门吗?
Hide under the covers. 躲在被子里面。
Huh? Who's talking? 喔? 是谁在说话?

Your were here. Were you surprised? 你在这里耶。有吓到吗?—Isn't peek- a- boo fun? 躲猫猫很好玩吗?
Want to do it again? 要再来一次吗?
That was fun. Can you do it again? 好好玩喔。你能再来一次吗?

There you are! 你在这里耶!

儿歌:Hide and Seek 捉迷藏 Peekaboo 躲猫猫



23 折纸

Let's do some paper folding. / Let's do origami. 我们来折纸。
It's important to follow the directions. 跟着说明来折是很重要的。
You need to fold it like the directions say. 你需要像指示说的来折。

Fold it in half. 把它对半折。

Fold it again. 再折一次。

Fold it diagonally. You've got a triangle, right?
斜斜地折过来。你得到了一个三角形, 对吧?
Prepare some double-sided colored paper. 准备双面的彩纸。
I'm using two-sided colored paper. 我要用双面的彩纸。

Want to fold a frog? 想要折青蛙吗?
Let the corners meet exactly. 要准确地把角对好。

Fold a corner exactly to the middle point.

准确地把一个角对准中间的点折好。

Fold the other way. 反过来折。

The dotted lines mean to fold it. 虚线就是要折的意思。

The lines mean to cut it.

实线就是要剪掉的意思。

Fold it inside / outside. 往里/外折。

Unfold it. 摊升

儿歌:Rock Scissors Paper 剪刀石头布 Open Shut Them 打开 关闭



24 洗澡

Hey, Sweetie, it's time for a bath. 嘿, 甜心, 要洗澡了喔。
Now, let's get rid of your clothes and your diaper, too.
现在, 我们把衣服和尿布都脱了。

Let's get into the tub. 我们进浴缸里吧。

Let's play with the toy duck. Quack, quack!

我们跟鸭子玩具一起玩吧。呱呱!

Why don't you paddle your feet? Splash! Splash! 你何不用脚划水呢?划牙,划呀!

Let's wash your hair first. 我们先洗头发吧。

Mommy will make some bubbles with the shampoo. 妈妈把洗发精搓成泡泡。

Let's wash it with some clean water. 我们用些干净的水来洗。
This slippery thing is called soap. 这个滑滑的东西叫做肥皂。
Now, let's wash your face and rub your body. 现在,我们来洗脸和身体。
Do your eyes hurt? 眼睛很刺痛吗?

Mommy will rinse it off quickly. 妈妈很快冲掉它。

Okay, now let's wash off all the soap. 好,现在我们来把肥皂洗掉。 It's all done. Let me dry you off with a towel. 都洗好了。我来用毛巾把你擦干。

儿歌:The Bath Song 洗澡歌



24 睡觉

It's time to take a bath.

该是洗澡的时间了。

Go to sleep after your bath.

洗澡睡觉喔。

Take off your clothes.

脱掉衣服。

Want to wash your hair first?

要先洗头吗?

First, wash your hands with soap.

先用肥皂洗手。

Clean yourself well using the soap form.

用这些肥皂泡沫好好洗澡。

Let's wash off the soap now.

我们把肥皂洗掉吧。

Give yourself a final rinse.

最后在冲下水。

It's done.Let's dry you with a towel.

好了,用毛巾擦干。

儿歌: Sweet Dreams 美梦

This Is The Way We Go To Bed

